



DATE OF EXAMINATION ....../.../..... TIME.....  
ENDOSCOPY LAB Tel:210-6796250

## **GASTROSCOPY PREPARATION**

**Before the examination** you need to stay fasting for at least eight (8) hours, without consuming any food. You can consume water until four (4) hours prior to the medical examination.

Before the 8 hour fasting, you can consume a light soup or broth.

**Four (4) hours before the examination**, you cannot consume any water or any liquid.

If you are taking injections such as Ozempic, Mounjaro, etc., you must refrain from administering an injection for at least 1 week.

## **ON THE DAY OF THE EXAMINATION**

- Do not drive any vehicle until at least 4-5 hours after the endoscopy.
- If you are on any medication such as anticoagulant medicines (eg. Salospir/ Plavix/ Sintrom/Pradaxa or other generic medicine), or anti-diabetic treatment (insulin or pills), you should contact your doctor and/or the department's endoscope, in order to interrupt or change the dosage.

### **Attention:**

**In case you should undergo a Colonoscopy at the same time, you should follow the instructions of the Colonoscopy Preparation**